



eternity
Be Your Best

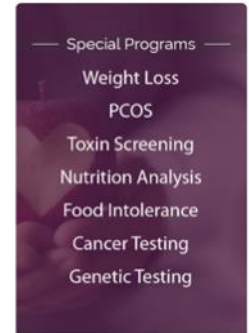
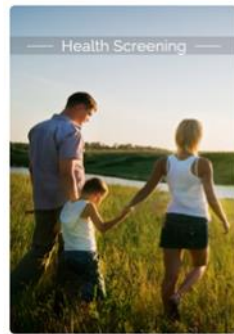
Weight Loss

Eternity

Eternity offers one of the most comprehensive health screening and Age Management programs in the world. We safeguard your life and increase your vitality by testing across the full medical spectrum, including, the early detection of cancer, heart attack, stroke, hormone profiling, erectile dysfunction, cardiovascular disease, diabetes, and many more life-threatening or life-altering diseases.

The Eternity Centers offer many different health solutions for you. We are your partner in Health and Beauty.

- Health Screening
- Full Body Scans
- Corporate Screening
- Hormone Balancing
- Weight Loss
- Nutrition Screening
- Food Intolerance
- Toxin Screening
- Cancer Screening
- Erectile Dysfunction
- Genetic Testing
- Plastic Surgery
-



Our Programs are delivered by some of the best Physicians around the world:



Dr. Thomas Redner
Harvard University, US



Professor Ahmed Abdullah
University of Chicago



Dr. Isabella Tausz
German Board Certified



Dr. Hoadley Harris
American Board Certified



Dr. Mark
American Board Certified



Dr. Karin Srasser
University of Innsbruck



Dr. Joel Schock
American Board Certified



Sibel Sellenriek
Products Specialist

Weight Loss

How common is obesity?

Overweight and obesity are defined as abnormal or excessive fat accumulation that may impair health.

Body mass index (BMI) is a simple index of weight-for-height that is commonly used to classify overweight and obesity in adults. It is one measure used to provide a baseline for weight loss.

Statistics (# of people world wide)

Obesity	600 million
definition: BMI >	30,0%
Overweight	1,9 billion
definition: BMI >	25,0%
Overweight children <6	42 million

What causes obesity and overweight?

The fundamental cause of obesity and overweight is an energy imbalance between calories consumed and calories expended. Globally, there has been:

- an increased intake of energy-dense foods that are high in fat
- an increase in hormone imbalance
- an increase in food intolerance
- a decrease in physical inactivity

All of the above can cause weight gain. However, weight gain, most of the time, is fully reversible.



Bioidentical Hormones

Hormones play a vital role in our lives. When we age their production decreases by 2% every year (normal aging which occurs at 30 years of age). Decreasing Hormone levels can have many side effects –one of them can be weight gain. Bioidentical Hormone Replacement Therapy has become the current topic of choice because of its beneficial effects on wellness and well being. Bioidentical Hormone Replacement Therapy (BHRT) is the use of hormones that have a chemical structure identical to the hormones that the human body naturally produces.

Paleo Diet Plus

At Eternity we believe in the Paleo Diet Plus. The Plus stays for some carbs which are allowed to consume and keep your diet balanced. The Paleo diet is one of the healthiest way you can eat because it is a nutritional approach that works with your genetics to help you stay lean, strong and energetic! At Eternity we offer Paleo + food delivery to your home.

Food Intolerance

Food intolerance is often confused with food allergy but, in fact, they are quite different. Ongoing research suggests that how well our metabolism functions is a key factor in weight loss or gain, and some of the foods that are most likely to trigger an intolerance are known to disrupt our metabolism. It's further common to crave the foods that we are intolerant to, making weight loss very difficult.

Fitness

Eternity has a special arrangements with Fitness Trainers and can recommend some of the best programs for you. Talise Spa and Fitness is our partner to optimize your fitness.

Genetics

Genetics play a major role when it comes to losing weight as scientists have isolated a so-called 'fat gene' that makes some people more prone to weight gain and obesity. Known as the FTO gene, those who inherit a flawed copy of this gene from both parents are 70% more likely to become obese.



Weight Loss	Gold	Executive
Weight Loss Test	AED 3,999	AED 5,999
Food Intolerance		
96 IgA (with food plan)	✓	
184 IgA (with food plan)		✓
Toxin		
Mercury		✓
Lead		✓
Arsenic		✓
Cadmium		✓
Restoration of Hormones		
Testosterone	✓	✓
SHBG	✓	✓
Progesterone (female only)	✓	✓
Estrogen	✓	✓
Thyroid - reflex	✓	✓
Thyroid	✓	✓
T3 (free)	✓	✓
Cortisol	✓	✓
DHEA	✓	✓
IGF-1	✓	✓
Minerals and Nutritons		
Vitamin D3	✓	✓
Vitamin B12	✓	✓
Iodine		✓
Mg++ RBC		✓
Chromium		✓
Zinc		✓
Copper		✓
Selenium		✓
General Health		
FBS	✓	✓
HBA1C	✓	✓
Red Blood Cells		✓
White blood Cells	✓	✓
Insulin		✓
Triglycerides	✓	✓
HDL Cholesterol		✓
LDL Cholesterol	✓	✓
VLD Cholesterol	✓	✓
Total Cholesterol	✓	✓
Liver Function	✓	✓
Kidney Function	✓	✓
Fitness		
Body Fat	✓	
Weight	✓	✓
Waist Circum.	✓	✓
Waist/Height	✓	✓
Height/ Weight	✓	✓
Base Metabolic Rate	✓	✓

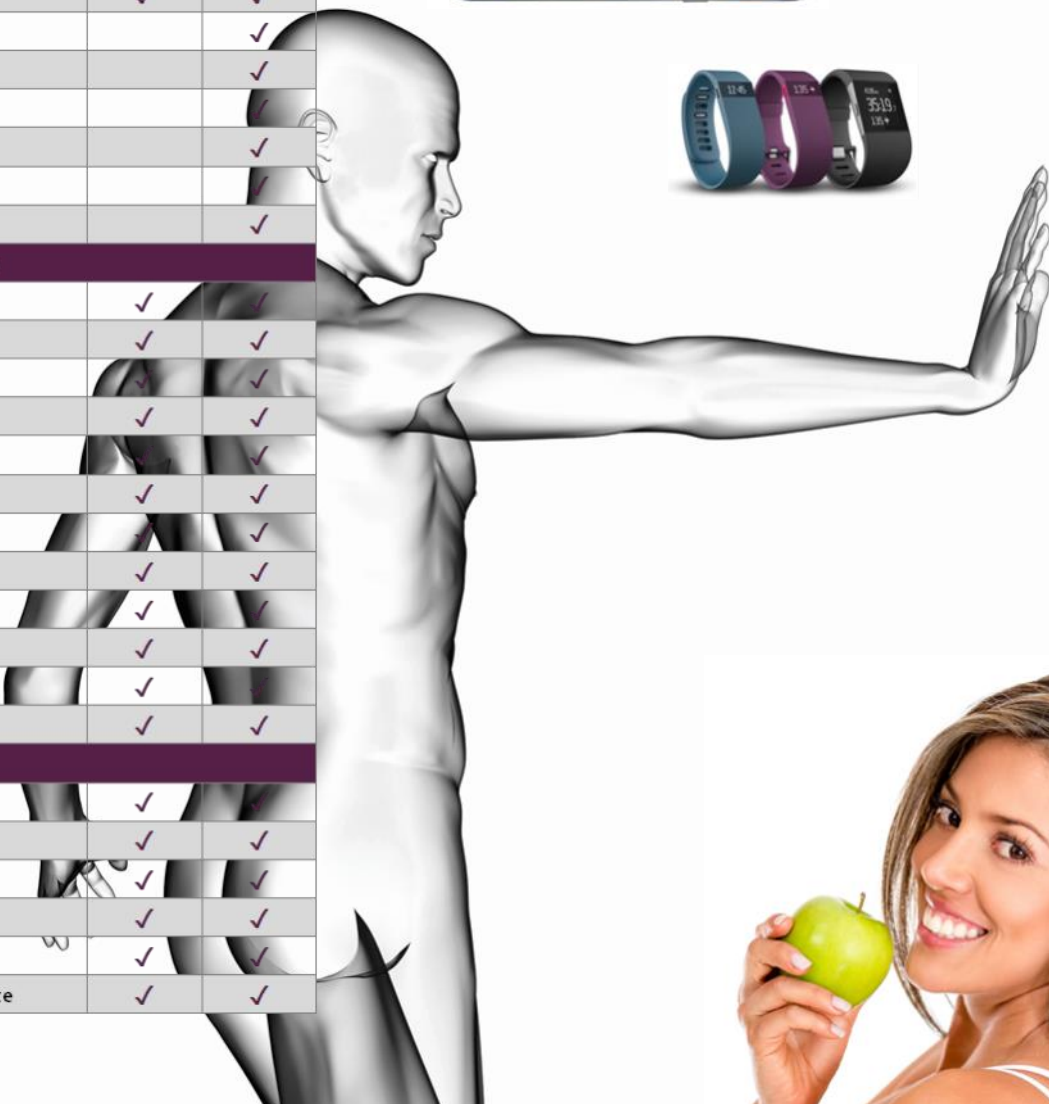
Program/ Price

Additional Tests

Other Tests	
96 IgG	AED 1,200
184 IgG	AED 1,800
Leaky Gut	AED 999
Digestive Stool Evaluation	AED 2,900
Gluten Sensitivity	AED 1,000
Toxicity & Minerals	AED 1,200
Genetic Tests	
WeightGen	AED 6,000
WellbeingGen	AED 6,000
Food Delivery	
Please ask your Physician	

* Above are selected additional tests for weight loss
 * Eternity offers over 500 different tests for you

With the Eternity Health APP you can track your bi-omarkers anytime, every-where. The APP assist you in many other health related subject—get your Eternity Health APP today.



Stop Weight Gain



Middle East

KG Tower | PO Box 120618 | Dubai Marina | UAE IT: +971 4 450 8181 | F: +971 4 450 3693 | info@eternitymedicine.com

www.eternityclinics.com

Eternity Brochures

Health Screening | BHRT (Hormone Screening) | Weight Loss | Eternity Plastic Surgery | Erectile Dysfunction

Eternity for Children | Eternity for Maternity | Eternity Energy Drips